CHARLTON-ON-OTMOOR C OF E PRIMARY SCHOOL

AUTUMN/WINTER 2025

WEEK 1

01/09, 22/09, 13/10, 10/11, 01/12, 05/01, 26/01

OPTION 1

OPTION 2

OPTION 3

VEGETABLES

DESSERT

WEEK 2

08/09, 29/09, 20/10, 17/11, 08/12, 12/01, 02/02

OPTION 2

OPTION 1

OPTION 3

VEGETABLES

DESSERT WEEK 3

15/09, 06/10, 03/11, 24/11, 15/12, 19/01, 09/02

OPTION 1

OPTION 2

OPTION 3

VEGETABLES

DESSERT

MONDAY

Cheese and Tomato Pizza with Potato

Tomato and Basil Pasta (Ve)

Jacket Potato with Cheese or Baked Beans

> Carrots Cauliflower

Fresh Fruit / Yoghurt

TUESDAY

All Day Breakfast

Veggie All Day Breakfast

Jacket Potato with Cheese, Baked Beans or Tuna Mayo

> Broccoli Green beans

Anzac Biscuit with Apple Slices (Ve)

WEDNESDAY

Cheese or Baked Beans

THURSDAY

Teriyaki Chicken with Mixed Rice

Mixed Bean Chilli Con Carne with Mixed Rice

Jacket Potato with Cheese, Baked Beans or Tuna Mayo

> Green Beans Sweetcorn

Apple and Cinnamon Whirl (Ve)

FRIDAY

MONDAY

Cheese and Tomato Pizza with New Potatoes

Tomato Pasta (Ve)

Jacket Potato with Cheese or Baked Beans

> Broccoli Carrots

Fresh Fruit / Yoghurt

Cheese and Tomato

Potato Wedges

Cheesy Pasta Twists

Jacket Potato with

Cheese or Baked Beans

Carrots

Cauliflower

Fresh Fruit / Yoghurt

TUESDAY

Vegan Sausage Roll with New Potatoes (Ve)

Vegetable and Chickpea Paella (Ve)

Jacket Potato with Cheese, Baked Beans or Tuna Mayo

> Sweetcorn Green Beans

Fruity Cookie (Ve) with **Apple Slices**

WEDNESDAY

Potatoes, Yorkshire

Jacket Potato with Cheese or Baked Beans

THURSDAY

Mixed Rice

Macaroni Cheese

Jacket Potato with Cheese, Baked Beans or Tuna Mayo

> Cabbage Green Beans

FRIDAY

MONDAY **TUESDAY**

Chicken Chow Mein

Vegetable Lasagne

Jacket Potato with Cheese, Baked Beans or Tuna Mayo

> Sweetcorn Green Beans

Rice Pudding topped with Raisins

WEDNESDAY

Pork Sausage with Mashed Potatoes and

with Mashed Potatoes

Jacket Potato with Cheese or Baked Beans

THURSDAY

Chicken and Pesto Pasta

Mexican Mixed Rice Wrap

Jacket Potato with Cheese, Baked Beans or Tuna Mayo

> Broccoli Carrots

Vanilla Cookie (Ve)

FRIDAY















